## Adult Mental Health and Service Use

Mental Health Service Use among Adults with Any Mental Illness

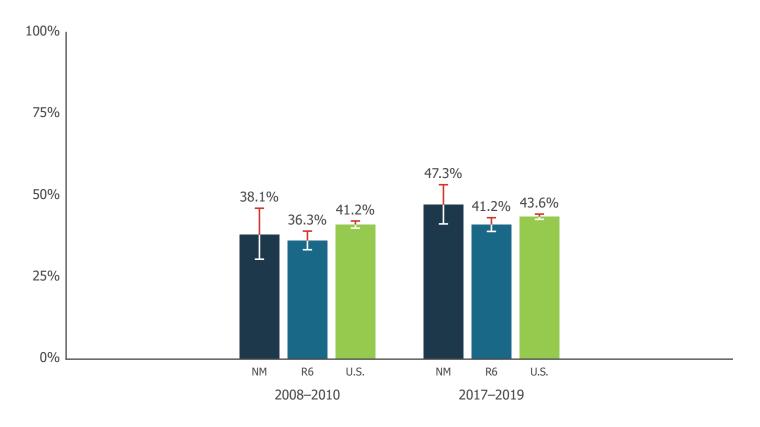


Changes in Past-Year Mental Health Service Use among Adults Aged 18 or Older with Any Mental Illness (AMI) in New Mexico, Region 6, and the United States (Annual Averages, 2008–2010 and 2017–2019)<sup>1,6,12</sup>



Among adults aged 18 or older in New Mexico, the annual average percentage with AMI who received mental health services in the past year did not significantly change between 2008–2010 and 2017–2019.

During 2017–2019, the annual average prevalence of past-year mental health service use among those with AMI in New Mexico was **47.3%** (or **151,000**), higher than the regional average (**41.2%**) but similar to the national average (**43.6%**).



Error bars indicate 95% confidence interval of the estimate. NM = New Mexico; R6 = Region 6 (Arkansas, Louisiana, New Mexico, Oklahoma, and Texas); U.S. = United States.